



[Recognized under sec 3(A) of the UGC Act 1956]

WORKSHOP REPORT

S.No	CONTENT	DETAILS	
1.	Nature of the Program	Hands on Workshop	
2.	Title and Theme	Assessing and Treating Neuropathodynamics Using Neurodynamic Techniques	
3.	Organizing department/s	Yenepoya Physiotherapy College	
4.	Program schedule, Date and Time	1 st April 2014; 9am-5pm 2 nd April 2014; 9am-5pm	
5.	Resource persons and Topic of presentation	Dr. Ashokan Arumugam, PhD (PT)	
6.	Beneficiaries (PG, UG, Interns, GP, Consultants/Faculty)	PG, Interns, UG, Faculty	
7.	Number of delegates registered and break up	Undergraduates	8
		Postgraduates	15
		Interns	11
		Consultants/Faculty	8
		TOTAL	42
8.	Credit hours/ points and the name of the organization awarding accreditation points.	Credit hours:16	
9.	Possible impact or expected impact of the program	Techniques of neural assessment and treatment using neuropathodynamics	
10.			



Dr. P. Chandramohan Hon'ble Vice Chancellor of YU, inaugurated the workshop



Group photo along with the guest and resource person



Hands on training session

“Assessing and Treating Neuropathodynamics Using Neurodynamic Techniques”

A hands on workshop organized by Yenepoya Physiotherapy College on 1st & 2nd April 2014. The theme of the workshop was “Assessing and Treating Neuropathodynamics Using Neurodynamic Techniques”. Dr. P. Chandramohan Hon'ble Vice Chancellor of YU, inaugurated the workshop and in his presidential address emphasized the importance of pre-operative physiotherapy in various surgeries. Dr. Ashokan Arumugam ,resource speaker briefed the concept of the workshop. The inauguration dais was graced by the presence of Prof. (Dr). C V Raghuvier, the Registrar YU, Prof. K.P. Jayarajan, Controller of Examination YU, and Dr. Abdul Rahiman Academic adviser YU. The session concluded with the vote of thanks by the organizing secretary Shemjaz Arakkal M, Asst. Prof. YPC. The goal of this workshop was to teach students the techniques of Neural assessment and treating the patients having Neuropathodynamics which we believe has been achieved by this two days hands on workshop. In day one a lecture was delivered on Neuro-Musculoskeletal assessment which included both subjective and objective examination, followed by a lecture on Neural Mobilization, and Hands-on techniques on Cervical Spine and Upper Limb Neural Mobilization, during which students worked individually or in groups and received immediate feedback on their progress. In day two had Hands-on techniques on Lumbar Spine and Lower Limb Neural Mobilization and a lecture which was focused on the major Dos and Don'ts of Neural Mobilization in different clinical conditions.

The workshop was attended by 34 students and 8 faculty who came from various physiotherapy colleges in and around Mangalore as well as from outside Karnataka. The workshop was partly financed by Yenepoya University.