

YENEPOYA NURSING COLLEGE

DEPARTMENT OF COMMUNITY HEALTH NURSING AND NSS UNIT V, YENEPOYA UNIVERSITY

The department of Community Health Nursing and NSS unit V, Yenepoya University organised a Nutrition Demonstration in Yenepoya Nursing College, Nutrition lab on 22/11/17 and Kumpala Anganwadi on 23/11/17 between 9am to 12.30 pm with help of IV year BSc nursing students. The main intention of the program to acquaint the students to gain necessary skills in demonstrating nutritional education to the public. It was witnessed by ten faculties, twenty II year BSc nursing students and 25 publics of Kumpala community.

The demonstration mainly focused on preparation of Antenatal Diet and Weaning Diet. At the end the demonstrated preparation was served for audience. The question answer session helped the public to clear doubts.

The program was appreciated by all. All together it gave rich experience to the students to develop the skills towards imparting education with demonstration as a M O T.



