

OUTREACH ACTIVITIES REPORT - APRIL 2017

1. PULSE POLIO IMMUNISATION AT RAZIYA RHC,HAREKALA

Date: 02.04.2017

Time: 10AM-5PM

Venue: RHC Harekala

Faculty in Charge: Dr.Akshaya KM

Post graduate in Charge: Dr. Vishnu CS

MSW: Swetha

No of kids immunised: 13

Brief Summary : Pulse Polio Immunization of children under 5 years of age was carried out in Raziya Rural health centre, Harekala.



2. WORLD HEALTH DAY OUTREACH PROGRAMME

Date: 9th April, 2017

Time: 5.00 to 6.00 pm

Venue: Brahma Sri Narayana Guru Seva Trust, Kadri

Resource Person : Dr Pracheth R, Assistant Professor, Community Medicine

Beneficiaries:

1. Members of the Trust
2. Residents of Kadri area

Total number of beneficiaries: 80

Brief description:

Mrs. Jayalakshmi, Anganawadi Worker of Navodaya Anganawadi Centre, Kadri and the Member-Secretary of the Trust welcomed the gathering. Thereafter, an awareness programme was conducted by Dr. Pracheth in the local language, Tulu and Kannada. Salient features pertaining to depression like risk factors, features, prevention and control were elaborated in detail with anecdotes and examples. The significance of World Health Day was explained. After the talk, an interactive session was conducted. The beneficiaries participated actively by asking doubts and queries. A one page pamphlet on the World Health Day Theme -2017 was distributed.

Dr. Pracheth conducting the programme:



3. Focused group discussion in Sevanthi gudde Anganwadi centre

Date: 26th April 2017

Venue : Sevanthi Gudde, Anganwadi.

Faculty In charge : Dr. Santosh K Yatnatti

Post graduate: Dr Ananth N

Target audience : Mothers of under five children

No.of participants : 06

Topic: Infant feeding practices: challenges and solution

Brief summary :

Objectives:

1. To study the issues and concerns associated with infant feeding practices
2. To understand various methods of improving the infant feeding practices as perceived by the participants

The FGD was moderated by Shibnaz, recorded by Amogh Shetty by making notes and Mohammad Hassan (3rd term students) recorded the sociogram. Following introduction and taking consent from the participants there was discussion about infant feeding practices among the participants. Various aspects like importance of colostrum, exclusive breastfeeding, breastfeeding on demand, weaning, adverse impact of pre-lacteal feeds, bottle feeding, artificial foods and the social, cultural barriers of breastfeeding were discussed. Mothers were aware about the benefits of exclusive breast feeding. Their knowledge about weaning food was limited. There was discussion about various options of weaning food which are locally available like ragi, jowar, wheat and various pulses. Participants had a misconception regarding colostrum, which was cleared during the discussion. .



4. Pulse polio immunization programme

Date: 30th April 2017

Time: 10.00pm to 2.00pm

Venue: Razia Rural Health and training centre, Harekala

Faculty In charge : Dr. Akshaya KM

Post graduate: Dr. Mubeena,

MSW: Mrs. Rajitha

Attender: Mrs Hemavathi

No.of children immunised : 74

Brief Summary:

Pulse polio Immunization was conducted in Razia rural health centre, Harekala . In addition to this, immunization was also carried out in a Marriage hall and a nearby bus stop.



Dr.Mubeena and Rejitha sister conducting pulse polio immunisation

5. Pulse polio immunization monitoring programme

Date: 30th April 2017

Time: 10.00pm to 2.00pm

Venue : 1.Urban Primary Health centre Bunder

2. Bengre Anangwardi centre

3. Kudroli Anangwadi centre

4.Urdu School Bunder

Faculty In charge : Dr. Pracheth

Post graduate: Dr. Utsav Raj,

MSW: Mrs. Sujatha

Brief Summary :

Monitoring in the above mentioned health centres was carried out regarding vaccine storage, tally sheet and proper marking of the child with ink.

